

My first visit to Inner Ease Tinnitus Centre



You have an appointment at Inner Ease Tinnitus Centre. I am your audiologist. My name is Dani.



An audiologist is a health professional who helps people with their ears and hearing.
I like to help people who feel uncomfortable about noises in their ears.

The waiting room is through the blue glass door.



I will meet you there.

You can follow me to my office.



I will show you the way.

This is my office. We will be here for your appointment. It will go for one hour.



You can ask your parents, your friend or your carer to be here with you. Let me know if there is anything else I can do to help you feel comfortable.

Firstly, we will have a talk with each other.



We can talk about what you like and what you have been doing lately.

We can talk about your amazing and wonderful ears and hearing.

We can talk about anything that is bothering you about your ears or hearing.

Sometimes, I might ask to look in your ears. I want to check that your ear canals and ear drums look healthy.



I use my ear light to help me see.

Sometimes, I might ask to do a pressure test in your ears. This is called Tympanometry.



This test checks that your middle ear is healthy. It is a quick and easy test.

Sometimes, I might ask to do a hearing test with you. This test can take 10-20 minutes.



You will wear headphones. You will hear many different tones. I will ask you to press the button every time you hear a tone. I want to know the softest sound that you can hear, so please listen carefully. We can have a break if you need a rest from listening.

Lastly, we will talk about the next steps you can take to help feel happier about your ear health and hearing.



I might offer you some options for treatment or therapy.
Let me know how I can support you to make the best choice for you.

Now it is time to say “Goodbye”.



I will give you another appointment time to come again.
This is when we will begin the treatment or therapy that you decided to do.